

# Size Guide



## ELEVEN Workwear

Your standard retail size should be the size you need in ELEVEN Workwear. Generally workwear is a slightly more generous fit to what you find in retail however the size you need shouldn't change.

### Women's Sizing Note:

Shop your normal retail size. If you normally wear a size 12 then a 12 in ELEVEN Workwear will be the size you need.

MEN'S SHIRTS / POLOS / T-SHIRTS / JACKET / JUMPERS / VESTS *											
SIZE	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
To Fit Chest (cm)	74-81	81-88	88-95	95-102	102-109	109-116	116-123	123-130	130-137	137-144	144-151
To Fit Chest (inches)	29-32"	32-34.5"	34.5-37.5"	37.5-40"	40-43"	43-45.5"	45.5-48.5"	48.5-51"	51-54"	54-56"	56-59"
Specification neck size (cm)	34	36	38	40	43	45	47	50	52	54	56

MEN'S REGULAR FIT PANTS / SHORTS														
SIZE	67R	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	122R	127R	132R
To Fit Waist (cm)	67	72	77	82	87	92	97	102	107	112	117	122	127	132
To Fit Waist (Inches)	26"	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"
In-leg Measurement (cm) *	77	80	81	82	83	84	85	86	87	88	89	-	-	-

\* The In-leg measurement of Regular fit pants are reduced when the pant has a cuff on them (ie E1180).

MEN'S STOUT FIT PANTS														
In-leg Measurement is 6cm Smaller than Regular Fit Pants														
SIZE	87S	92S	97S	102S	107S	112S	117S	122S	127S	132S	137S	142S	147S	152S
To Fit Waist (cm)	87	92	97	102	107	112	117	122	127	132	137	142	147	152
Size (inches)	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"	54"	56"	58"	60"
In-leg Measurement (cm)	77	78	79	80	81	82	83	83	83	83	83	83	83	83

MEN'S LONG FIT PANTS								
In-leg Measurement is 5cm Longer than Regular Fit Pants								
SIZE	74L	79L	84L	89L	94L	99L	104L	
To Fit Waist (cm)	74	79	84	89	94	99	104	
Size (inches)	29"	31"	33"	35"	37"	39"	41"	
In-leg Measurement (cm)	87	88	89	90	91	92	93	

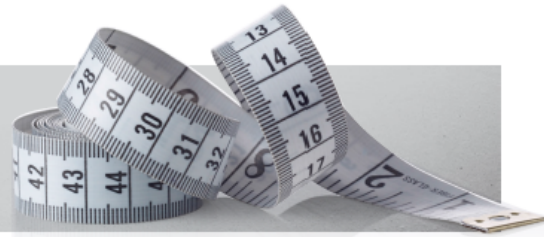
MEN'S PANTS/SHORTS - ELASTIC WAIST									
SIZE	2XS	XS	S	M	L	XL	2XL	3XL	4XL
To Fit Waist (cm)	64-71	71-78	78-85	85-92	92-99	99-106	106-113	113-120	120-127
To Fit Waist (inches)	25-28"	28-31"	31-33"	33-36"	36-39"	39-42"	42-44"	44-47"	47-50"

WOMEN'S SIZE CHART										
SIZE	6	8	10	12	14	16	18	20	22	24
To Fit Bust (cm)	80	85	90	95	100	105	110	115	120	125
To Fit Bust (inches)	31.5"	33.5"	35.5"	37.5"	39.5"	41.5"	43.5"	45.5"	47.5"	49.5"
To Fit Waist 2.5cm above Belly Button	69	74	79	84	89	95	101	107	113	119
To Fit Waist 1" above Belly Button	27"	29"	31"	33"	35"	37.5"	40"	42"	44.5"	47"
To Fit Hip (cm)	88	93	98	103	108	113	118	123	128	133
To Fit Hip (inches)	34.5"	36.5"	38.5"	40.5"	42.5"	44.5"	46.5"	48.5"	50.5"	52.5"
Conversion to Men's Pant Sizes	67R	72R	77R	82R	87R	92R	97R	102R	107R	112R
Conversion to Men's Shirts Sizes	2XS	XS	S	S/M	M	L	XL	XL/2XL	2XL	3XL

# FITTING GUIDE

## HOW TO MEASURE

To obtain accurate body measurement, use a tape measure. Keeping the tape level but not stretched, follow the instructions below. Ask someone to help if necessary. For consistency please keep tape measure taut.



### MEN

#### A. NECK

Measure around the base of your neck. Keep one finger between tape and body.

#### B. CHEST

Measure around your chest, keeping the tape level and straight. Keep one finger between tape and body.

#### C. WAIST

Measure around your natural waistline at position your pants would normally sit, keeping the tape level and straight. Keep one finger between tape and body.

#### D. IN-LEG LENGTH

Measure from the crotch seam to the bottom of a well-fitting pants.



### WOMEN

#### A. BUST

Measure around the fullest part of the chest and around the shoulder blades, keeping the tape level and straight. Keep one finger between tape and body.

#### B. WAIST

Measure 2cm below your belly button, keeping the tape level and straight, measure against the skin and not over clothing. Keep one finger between tape and body.

#### C. HIP

This is around the fullest part of the hips. Wrap the measuring tape comfortably around this area. The tape must be horizontal against the body. Keep one finger between tape and body.

## TAKING YOUR MEASUREMENTS - SOME PRACTICAL TIPS

**1** Ask for help, taking your own measurement can be tricky.

**2** Wear only a light layer of clothing, to ensure a true measurement is taken.

**3** Use a tape measure, keep it flat against your body.

**4** When the tape is around you it should feel comfortable, not too tight or too loose.

### Fitting Notes:

Workwear garments tend to be a generous fit, to allow you to work comfortably in them. As a general note, you should be able to buy your standard workwear size and find the ELEVEN garments fit well. # If you prefer a neater/leaner fit in your Shirts, Polos, Jackets or Jumpers then review your measurement against the size chart and consider moving down a size, especially if you are at the lower end of a measurement i.e. if your chest is 103cm which is a L size, then you can consider buying a size M which would provide you with a leaner fit.